

These are GRANTS (do not need to be paid back). These are the rough eligibility criteria and meant as a guide only. Means-tested are in grey. If someone's circumstances are complex please ask them to seek individualised advice.

Amount	From who	Criteria			Payment method	Timing
£300 Pensioner cost of living grant	DWP	Born on or before 25 th Sept 1956	Living in UK the week beginning 19 th Sept 2022	(If living in a care home or nursing home, must NOT be receiving Pension Credit, income based ESA or JSA, Income Support)	Paid automatically if you get a Winter Fuel Payment, otherwise you may need to apply by calling 0800 731 0160	Paid between Nov and Dec 2022
£200-300 Winter Fuel Payment	DWP	Criteria as above			Paid automatically (if there are problems call 0800 731 0160)	Paid between Nov and Dec 2022 (alongside the additional £300 grant above)
£150 Warm Home Discount	Energy company	You or your partner get Pension Credit - Guarantee Credit element	You or your partner must be named on the bill	(If there are problems call your energy company)	Paid automatically by your energy provider (credited to your electricity account)	Paid between October 2022 and April 2023
£400 Energy Bills Support scheme	Energy company	All electricity customers (so that those who use oil etc don't miss out)	(park homes/renters where client pays elec as part of their rent – gov are still working on this issue)	(If there are problems call your energy company)	Paid automatically as credit to your account (some pre-payment customers may receive a voucher)	Paid between October 2022 and April 2023
£150 Council Tax rebate	Council	Properties in bands A-D	You or your partner must be named on the bill	(If there are problems call your district council)	Paid automatically to direct debit customers, other will be written to with details of the application process	Paid between April 2022 and April 2023

£650 cost of living payment	DWP	Getting one of the following benefits between 26 th April to 25 th May 2022 (or has since been awarded a benefit backdated to this period): Pension Credit, Universal Credit, Income Support, income based JSA or ESA	Joint claims – you will only get one payment of £650	Tax credits – if you get these and have already received a £650 payment you CANNOT access this payment as well Please note regulations are still being written for eligibility criteria on this one and we cannot guarantee eligibility	Paid automatically – how you usually receive your benefits (if there are problems call DWP on 0800 731 0469 if you get Pension Credit, or the relevant benefit office if you get one of the others listed)	Split into 2 payments: July 2022 And “Autumn” 2022 (the autumn payment will have new qualifying dates, so it’s worth checking your benefits now)
		OR Tax Credits Working Tax Credits				
£150 Disability cost of living payment	DWP	Getting one of the following benefits on 25 th May 2022 (or has since been awarded a benefit backdated to this date): Attendance Allowance, Personal Independence Payment, Disability Living Allowance	(also available for those getting military payments of: Constant Attendance Allowance, Armed Forces Independence Payment or War Pension Mobility Supplement)	Please note regulations are still being written for eligibility criteria on this one and we cannot guarantee eligibility	Paid automatically – how you usually receive your benefits (if there are problems call DWP on 0800 731 0122)	September 2022
Household Support Fund	Council	<i>Different criteria for different areas – contact your local council</i>	<i>Councils open/close their schemes on different dates</i>			

Someone may be eligible to multiple schemes. For example, someone of pension age in receipt of AA and PC may receive up to £1500 in total. Grants are tax-free, don’t count towards the benefits cap and don’t affect means-tested benefits or OCC assessments for care costs.